VOLUNTEERS OF AMERICA

Valley Manor Care Center—
Valley is Family. Welcome Home.

Welcome to a beautiful home where loving, personalized attention and highly specialized care are provided to those who need long-term care, memory support or rehabilitation services. The minute you enter, you'll notice the Valley difference: our incredibly attentive staff are everywhere, no one is left alone, and everyone is thriving.

In addition to 24-hour skilled nursing, our expert, trained staff includes a certified dietitian, nurses certified in geriatric care and wound care, a licensed masseuse and Validation practitioners. Residents enjoy the freedoms of home—helping to plan activities and make decisions about décor and dining options. Come enjoy the greenhouse and aviary (the "show" is nonstop!), visiting pets, flower-lined walking paths, intergenerational programs with local schoolchildren, nearby shops and movies. At Valley, our staff never says, "Can't do it." It's always, "Let's find a way!"

Valley Manor Care Center offers:

- **Short-term Rehabilitation**
- **Memory Support**
- **Long-term Care**
- **Respite Care**
- **End-of-life and Hospice Care**
- **Outpatient Rehabilitation Therapy**
- **Chronic Disease Care and Management**

Valley Manor Care Center
1410 South Cascade
Montrose, CO 81401
970.249.9634
valleymanorcare.og

Valley Manor Care Center is a Volunteers of America community. Founded in 1896, Volunteers of America is a national, nonprofit, faith-based organization dedicated to helping those in need live healthy, safe and productive lives. Through hundreds of human service programs, including housing and health care, Volunteers of America touches the lives of almost 2 million people each year.

Equal Housing Opportunity

Volunteers of America®

VALLEY MANOR CARE CENTER

Short-term Rehabilitation, Memory Support and Long-term Care

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VALLEY MANOR CARE CENTER

Short-term Rehabilitation, Memory Support and Long-term Care

Montrose Rehab at Valley Manor Care Center

As a regional leader in intensive, short-term health care following hospitalization, injury or illness, we work with you to restore maximum health and physical functioning so you can return home as soon as possible, and live there safely and confidently with the greatest self-sufficiency.

Our experienced, licensed nurses provide complex medical care and management of multiple conditions, such as orthopedic or neurological diagnoses complicated by diabetes, heart or lung disorders. Our exceptional team of therapy professionals provides individualized physical, occupational and speech therapies in a spacious wellness therapy gym which includes a kitchenette/bath/laundry apartment that models a homelike setting for practicing everyday life skills. Rehab guests enjoy elegant private rooms with bath, TV and phone, and private rehab neighborhood dining room.

Other clinical services include:

- Post-surgical rehabilitation
- Accelerated Care Plus therapeutic techniques for these and more: pain control; balance; falls; joint replacement recovery; loss of movement/function; bladder conditions; slow-healing wounds
- Registered dietitian-led nutritional counseling
- Pre-discharge education and planning
- Massage therapy
- Outpatient rehabilitation therapy

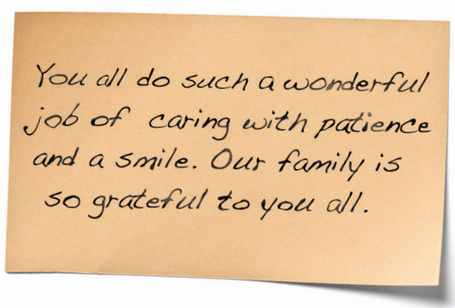
Memory Support

For those living with dementia or Alzheimer's disease, our bright and open memory support neighborhood is a secure home where residents engage in a wide variety of activities, assisted by compassionate and credentialed staff.

We help people with memory loss live better, with dignity and personal freedom. Our state-of-the-art spa tub makes bathing easier, creating the mood of a serene wellness spa experience. A secure, hazard-free outdoor walking environment with wheelchair paths lets residents enjoy fresh air when they like. And those in our weekly Friendship Group support one another so no one feels alone.

Validation

Specially trained and certified Validation practitioners within Valley Manor use an effective method of communication that calms people with memory impairment when they become disoriented. Validation can help families of individuals with memory loss, too. Volunteers of America is an Authorized Validation Organization (AVO).



Long-term Care

Valley Manor is the best home you can imagine, with outings to theatre, auto shows and other local happenings, as well as a broad array of activities that includes arts and crafts, current events groups, live music, Bible study and bingo several nights a week. Our unique "Valley Network," viewed on your own flat screen TV, lets you choose entertainment in your room and see birthdays, anniversaries and the day's menu and activities.

You'll love the fish, birds, a cat that takes walks with you, affectionate therapy dogs—and socializing while chuckling over all the animal shenanigans. Here, you awaken when you like and eat when it suits you. Round-the-clock licensed nurses make sure your medical and psychological needs are attended to immediately, and any chronic conditions are expertly managed so you achieve the maximum possible wellness and independence.

At Valley Manor, we do it *your* way, doing everything possible to ensure each day is a great one for you.

For more information about Valley Manor Care Center or to schedule a tour, please call 970.249.9634 or visit www.valleymanorcare.org