

COVID-19 UPDATES

February 12, 2021

Quarantine Guidelines

Vaccinated persons with an exposure to someone with suspected or confirmed COVID-19 are not required to [quarantine](#) if they meet all of the following criteria[†]:

- Are fully vaccinated (i.e., ≥ 2 weeks following receipt of the second dose in a 2-dose series, or ≥ 2 weeks following receipt of one dose of a single-dose vaccine)
- Are within 3 months following receipt of the last dose in the series
- Have remained asymptomatic since the current COVID-19 exposure

If they have been exposed to COVID-19 and do not meet all of those criteria, they should follow [standard CDC guidance](#), which says that people who have not had COVID-19 within the past 3 months should quarantine for 14 days following an exposure.

This can be [shortened to 10 days](#) without testing if the person does not display any symptoms during daily monitoring, or to 7 days with a negative test (test must occur on day 5 or later) and no sign of symptoms, according to the CDC.

“Fully vaccinated persons who do not quarantine should still watch for symptoms of COVID-19 for 14 days following an exposure,” the CDC said. “If they experience symptoms, they should be clinically evaluated for COVID-19, including SARS-CoV-2 testing, if indicated.”

The CDC said quarantine recommendations for vaccinated people will be updated when more data are available, or when more vaccines have been authorized.

Updated Mask Guidelines

Correct and consistent [mask use](#) is a critical step everyone can take to prevent getting and spreading COVID-19. Masks work best when everyone wears them, but not all masks provide the same protection. When choosing a mask, look at how well it fits, how well it filters the air, and how many layers it has. Click on the link below for more detailed information to make sure your mask works the best it can.

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/effective-masks.html>