



Ochsner Wellness Challenge

Volunteers of America

Spring into Wellness

Step Challenge

After a cold, wet Winter, Spring has finally sprung! Let's all take advantage of the beautiful weather by getting up and moving. The Spring into Wellness challenge encourages participants to get up and moving, with the chance to earn points and prizes.

Registration Period: April 4th – 17th, 2021. Register on the Go365 mobile app under "Challenges".

Challenge Goal: Connect a compatible fitness tracker and get moving! Special bonuses will be awarded based on highest average daily step count.

Challenge Deadline: May 1st, 2021.

Final Day to Sync Steps: May 1st, 2021.

Incentive: Each participating employee will receive 50 points for participating in the challenge. 1st, 2nd, and 3rd place participants will receive 350, 315, and 280 bonus points respectively. Additional prizes will be awarded via random drawing of participants.



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