

*Connecting You
to Care*

**HEALTHY
COMMUNITIES**



**Health Coaching
Education & Resources
Care Management**



**Volunteers
of America®**

MID-STATES

Humana

Partners in Community Health

(502) 635-4568 | VOAMID.ORG

We're here to help you and your family stay healthy, get support and feel connected

- Answer questions about health care resources
- Help you to find a health care provider
- Connect you to community resources
- Find help for chronic conditions like diabetes and high blood pressure

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